

# Table of Contents

- **Good Shepherd Resources** ..... 2
  - Assistive Technology Services ..... 2
  - Bridges Program ..... 2
  - Driving Evaluation and Training ..... 2
  - Dysphagia Therapy ..... 3
  - Fitness Programs ..... 3
  - MS Wellness Program..... 3
  - Pediatric Assistive Technology ..... 4
  - Pediatric Feeding Program..... 4
  - Pediatric Jump Start Program ..... 4
  - Rock Steady Boxing..... 5
  - Support Groups ..... 5
  - Wheelchair Seating and Mobility Clinic ..... 5
- **Community Resources**..... 6
  - AbleGamers..... 6
  - Apple Accessibility Features ..... 6
  - Aging and Adult Services | Lehigh County ..... 6
  - Area Agency on Aging | Northampton County ..... 7
  - Assistive Technology Resources Funding Guide ..... 7
  - Disability Rights Pennsylvania..... 7
  - Funding Your Assistive Technology | PA-ATF ..... 8
  - Job Accommodation Network ..... 8
  - Lehigh County Resource Guide ..... 8
  - Lehigh Valley Center for Independent Lining ..... 9
  - Pennsylvania Assistive Technology Foundation..... 9
  - Pennsylvania Department of Aging..... 9
  - Pennsylvania Training and Technical Assistance Network ..... 10
  - Pennsylvania Vocational Rehabilitation Services..... 10
  - Sights for Hope ..... 10
  - Smart Homes Made Simple ..... 11
  - TechOWL ..... 11
  - Via of the Lehigh Valley ..... 11

## Good Shepherd Service

### Assistive Technology Services

**Link:** [Assistive Technology Services](#)

**Description:** Good Shepherd's Assistive Technology Program offers a leading-edge and coordinated program that connects you with the proper technology, helping you or your family

### Bridges Program

**Link:** [Bridges Program](#)

**Description:** The Bridges Program helps young adults with disabilities transition from pediatric care to young adulthood. Our goal is to help patients maximize health, independence and

### Driving Evaluation Program

**Link:** [Driving Evaluation and Training](#)

**Description:** Good Shepherd Rehabilitation offers two on-the-road driving evaluation and training programs, depending on your needs.

## **Dysphagia Therapy**

**Link:** [Dysphagia Therapy](#)

**Description:** Good Shepherd’s expert speech language pathologists offer swallowing therapy for patients with dysphagia. Our speech language pathologists are specially trained to work

## **Fitness Programs**

**Link:** [Fitness Programs](#)

**Description:** Good Shepherd Rehabilitation offers customized fitness programs for people seeking an exercise program following discharge from outpatient rehabilitation services

## **MS Wellness Program**

**Link:** [MS Wellness Program](#)

**Description:** The Multiple Sclerosis (MS) Wellness Program is the Lehigh Valley’s largest — and only — group that promotes and maintains the health and well-being of people living

## **Pediatric Assistive Technology Services**

**Link:** [Pediatric Assistive Technology](#)

**Description:** The Pediatric Assistive Technology Program provides children with assistive technology interventions to maximize independence, participation, and quality of life.

## **Pediatric Feeding Program**

**Link:** [Pediatric Feeding Program](#)

**Description:** Good Shepherd Pediatrics assesses and cares for medically fragile newborns and children who have feeding and/or swallowing difficulties that prevent them from meeting

## **Pediatric Jump Start Program**

**Link:** [Pediatric Jump Start Program](#)

**Description:** Jump Start provides a medical “tune-up” through intensive bursts of inpatient rehabilitation and a team approach to care for children who are chronically ill and experienc-

## **Rock Steady Boxing**

**Link:** [Rock Steady Boxing for Parkinson's Disease](#)

**Description:** Certified Rock Steady Boxing coaches from Good Shepherd Rehabilitation lead a non-contact exercise program in the Lehigh Valley that attacks Parkinson's disease at its vul-

## **Support Groups**

**Link:** [Support Groups - For Patients and Visitors](#)

**Description:** Good Shepherd Rehabilitation Network offers several support groups or serves as a meeting place host for support groups to help you or your loved one cope with disease,

## **Wheelchair Seating and Mobility Clinic**

**Link:** [Wheelchair Seating and Mobility Clinic](#)

**Description:** Therapists will connect you with an appropriate manual or electric wheelchair or mobility product (three-wheeled scooter or other system) to maximize your safety and inde-

## Community Resources

### AbleGamers

**Link:** [AbleGamers - Combating Social Isolation Through Play](#)

**Description:** "Creating opportunities that enable play in order to combat social isolation, foster inclusive communities, and improve the quality of life for people with disabilities."

### Apple Accessibility Features

**Link:** [Accessibility - Apple](#)

**Description:** Explore the features available on any Apple iOS device to improve accessibility.

### Aging and Adult Services | Lehigh County

**Link:** [Lehigh County Aging and Adult Services](#)

**Description:** "Supporting and empowering the well being of all adults of all ages, residing in Lehigh County."

### **Area Agency on Aging | Northampton County**

**Link:** [Area of Agency on Aging | Northampton County](#)

**Description:** "Provide services and programs to maintain and enhance the independence and dignity of Northampton County residents over the age of 60"

### **Assistive Technology Resources Funding Guide**

**Link:** [Assistive Technology Resources Funding Guide](#)

**Description:** Resource guide for identifying possible funding sources for assistive technology

### **Disability Rights Pennsylvania**

**Link:** [Disability Rights Pennsylvania](#)

**Description:** "DRP provides help to Pennsylvanians with disabilities who are experiencing problems or who have questions related to their disability."

## **Funding Your Assistive Technology | PA-ATF**

**Link:** [Funding Your Assistive Technology | PA-ATF](#)

**Description:** Guide to funding resources available for assistive technology available to Pennsylvania residents

## **Job Accommodation Network**

**Link:** [Job Accommodation Network](#)

**Description:** "Source of free, expert, and confidential guidance on workplace accommodations and disability employment issues."

## **Lehigh County Resource Guide**

**Link:** [Lehigh County Resource Guide](#)

**Description:** Comprehensive guide of resources available to Lehigh County residents



## **Lehigh Valley Center for Independent Living**

**Link:** [LVCIL – Lehigh Valley Center for Independent Living](#)

**Description:** "LVCIL is a non-profit organization based in Allentown, PA that provides services and support to people with all types of disabilities."

## **Pennsylvania Assistive Technology Foundation**

**Link:** [Pennsylvania Assistive Technology Foundation](#)

**Description:** "Pennsylvania Assistive Technology Foundation (PATF) is a statewide, non-profit organization that helps individuals with disabilities and older Pennsylvanians acquire the as-

## **Pennsylvania Department of Aging**

**Link:** [Pennsylvania Department of Aging](#)

**Description:** "The Pennsylvania Department of Aging works to ensure that older adults across Pennsylvania have access to quality services and supports that help them age and live well."

## Pennsylvania Training and Technical Assistance Network | Short-term Loans

**Link:** [PaTTAN - Short Term Loan](#)

**Description:** "The Short Term Loan (STL) Program provides Local Education Agency (LEAs) with devices to assess the assistive technology needs of students with disabilities."

## Pennsylvania Vocational Rehabilitation Services

**Link:** [Vocational Rehabilitation Services](#)

**Description:**

## Sights for Hope

**Link:** [Sights for Hope – Seize Independence Now](#)

**Description:** "Sights for Hope helps enable the lives of people with visual impairments and blindness by removing barriers to independence and well-being."

## Smart Homes Made Simple

**Link:** [Smart Homes Made Simple | PA-ATF](#)

**Description:** Resources and education to help people with disabilities and older adults access and use smart home technologies

## TechOWL

**Link:** [TechOWL - Technology for Our Whole Lives](#)

**Description:** "TechOWL (formerly PIAT) helps people with disabilities explore the tools and technology they need to be independent. "

## Via of the Lehigh Valley

**Link:** [Via of the Lehigh Valley](#)

**Description:** "Via of the Lehigh Valley is a non-profit agency that provides services for children and adults with disabilities to help them reach their full potential through a rewarding career,